

YOU CAN MAKE A DIFFERENCE

TRUE SPORT +

Learn more

Visit www.truesport.com.au to discover what True Sport is all about, who's involved and how it can help you create good sport experiences for you and your community.

Embrace True Sport

Pledge your commitment to the True Sport Values.

Bring True Sport to life

Use our guides, tools and initiatives to create a good sport experience.

Promote True Sport

Share the True Sport Values and story with others, showing that the way we play together can shape the way we live together and help us to make a greater difference to Western Australian communities.

The way we play together shapes the way we live together



BE A PART OF True Sport

Check out our website www.truesport.com.au for more information and access to a wide range of resources and ideas to help everyone be a True Sport.

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Sharing the true value of sport and recreation with our whole community



GOVERNMENT OF WESTERN AUSTRALIA

Department of
**Local Government, Sport
and Cultural Industries**

Sport allows us to belong to a tribe, to unite strangers and bring a community together, gives us something to believe in and to wonder what is possible.

Everyone deserves the opportunity to experience true sport – no matter their age or ability. Parents want to see their kids participate in sport to learn teamwork, how to work towards goals and help them be the best they can be.

As adults, the skills we learn as a child help shape the way we become part of our community. Being a volunteer, playing fair and being a team player are all important elements of creating safer, happier and more connected communities.

Western Australians love sport. Sport is a positive aspect of our society and impacts all of us – whether we're playing, officiating or watching – but when we focus only on the idea of winning, the negative aspects start to rear their head.

By being a supportive parent or inspiring teammate, to sharing game time equally and focusing on playing for fun we can make sure people continue to play and participate.

True Sport helps us retain the special values that sport brings to our communities and ensures Western Australians have the kind of sport experience they deserve and desire.



True Sport is more than just fun

It provides life lessons around setting goals, social interaction and how to deal with achievements and disappointments which help shape the way we live, work and play.



The 8 values of True Sport:

- Bring your best**
Bring your best to every game and enjoy the challenge – win, lose or draw.
- Have fun**
It's healthy, it's a game, it's sport – enjoy it! Have fun training and competing at all levels.
- Give back**
Volunteer, embrace opportunities to give back and thank those involved in bringing you the game.
- Play fair**
Be honourable – do the right thing on and off the field.
- Be healthy**
Look after the physical and mental wellbeing of yourself and others.
- Include one and all**
Invite everyone to participate in some way and make sport meaningful for the whole community.
- Show respect**
Demonstrate mutual respect – teammates, opposition, clubs, community – treat others how you want to be treated.
- Be safe**
Ensure participants are safe on and off the field.