



TRUE SPORT



How to become a True Sport Parent

- + Keep your kids healthy by encouraging them to try different sports
- + Encourage participation by including one and all
- + Demonstrate sportsmanship by thanking other players and officials
- + Make sure everyone gets an equal go
- + Help kids have fun by giving encouragement and praising effort not talent
- + Teach your children to bring their best to every game and to learn from failure
- + Give back by being a role model and volunteer
- + Show respect by learning the rules and treating others how you want your kids to be treated
- + Ensure all kids are safe both on and off the field
- + Attend games regularly and cheer the whole team

